

## CHILTERN PRIMARY SCHOOL



Together, over time, we are proud to learn to make a difference to ourselves and others.

### Supporting E-Safety and Safeguarding 2021 - 2023

It is really important that parents and carers work with us to ensure children stay safe in their use of technology. When we talk about e-safety, we are not just talking about the internet. We are talking about the use of computers, games consoles (such as X-Box), mobile phones, televisions, tablets (such as the iPad) and many other things.

#### **There are several elements to e-safety that we teach at Chiltern:**

How to use the internet safely, and what to do if something goes wrong or we see something we shouldn't.  
How to keep ourselves safe – keeping our details private and keeping our data secure.  
How to behave when using technology – being courteous and responsible, and what to do if others treat us in a way which is not kind. This strand also links with our behaviour and anti-bullying policies.  
Encouraging a healthy use of technology – not over-using mobiles, consoles or computers.

### SAFEGUARDING UPDATE

Safeguarding is always high on schools' and the Local Authority's agenda. From now on, as well as the usual triggers for referrals to Social Services or Educational Entitlement (eg obvious neglect, abuse and punishment) schools are now able to refer families if:

- Clothes are consistently dirty
- Personal hygiene is consistently poor
- Pupils have poor dental hygiene
- **Children disclose they are watching or playing age-inappropriate games/videos**
- There is use of regular, highly sexualised behaviours or vocabulary
- Children have continuous infestations of nits
- Attendance falls below 90%
- Pupils are regularly late
- There are regular patterns of absence
- Holidays of 5 days or more are taken

#### **Age requirements for use of social media.**

Twitter doesn't ask your age when you sign up, but Facebook does, and on Facebook the minimum age requirement is a hard and fast 13. It's the same number on Instagram, Pinterest, Tumblr, Reddit, Snapchat and Secret, too.

The minimum age on LinkedIn is 14. On WhatsApp, it's 16, and on Vine, it's 17 and Fortnite, it's 12. Some platforms, such as YouTube, WeChat and Kik, have a minimum age required of 18, although children aged 13-17 can sign up with parent's permission.

**You will have been asked to fill out our 'acceptable use policy' when your child started in September.** This details some of the ways in which we encourage children to behave, and outlines our rules for safe use of technology. We also ask your permission for the use of photos and video on the website and in other places.

## E-safety – helping your child stay safe

The best way to help your child to be a safe when using the internet and new technologies is to talk to them and make sure they understand these simple rules:

- You should never give out personal details to online 'friends'. Use a nickname when logging on and don't share full name, email address, mobile number, school name and any photos, including photos of family or friends – any picture or video online can be changed or shared without permission.
- Talk to your child about what they are doing online and who they are talking to. Get them to show you how to use things you are not familiar with. Keeping the computer in a family room means that you can share your child's online experience, they are less likely to act inappropriately (i.e. via webcam) and their online 'friends' will see they are in a family room..
- If your child receives a message that upsets them, remind them not to reply, they should save the message and show you or another trusted adult.
- Spam and junk emails and texts are not true, don't reply or send them to anyone else, just delete them.
- Don't open files sent from people you don't know. They could contain a virus, or worse – an inappropriate image or film.
- An online 'friend' is anyone you have not met in real life; no matter how long you have been friends with them.
- Help your child to understand that some people lie online and that it's better to keep online 'mates' online. They should never meet up with any online 'friends' without an adult they trust.
- Make sure they know how to block someone online and report them if they feel uncomfortable.

Make sure your child feels able to talk to you, let them know that it's never too late to tell someone if something makes them feel uncomfortable. Don't blame your child let them know you trust them. We have listed below links to guides that you will hopefully find useful:

Vodafone produce a Digital Parenting Magazine – the latest edition can be found at <http://vodafonedigitalparenting.co.uk/>

Guidance from the Department of Education:

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/444865/Advice\\_for\\_parents\\_on\\_cyberbullying.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/444865/Advice_for_parents_on_cyberbullying.pdf)

NSPPC Share aware guide:

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/share-aware.pdf>

The UK Safer Internet Centre offer guides to parents on a range of commonly used technologies, how to set up parental controls and possible dangers (includes guides for ipads, iphones, Nintendo, Xbox, PS4).

<http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers>

The Better Internet for Kids (BIK) guide to online services aims to provide key information about some of the most popular apps, social networking sites and other platforms which are commonly being used by children and young people (and adults) today.

<https://www.betterinternetforkids.eu/web/portal/onlineservices>