

Head Teacher
Mrs P Howell B Ed Hons

Chiltern Way
Northampton
NN5 6BW

Telephone: 01604 753830
Facsimile: 01604 588156
Email: bursar@chiltern.northants-ecl.gov.uk



6 September 2022

Dear Parents

SWIMMING, PUPILS IN YEAR 5N



Swimming lessons for pupils in **class 5N**, will start next week on **Tuesday 13 September**. The session time is **10.30 am – 11.30 am**. They will continue weekly until the Christmas break.

Your child will need a hat which you will need to purchase from school at a cost of £1.00. The hats are different colours according to the child's swimming ability. Please send the money when we return to school in September. Hats will be given out during the first session after assessment by the swimming coach.

Details for children as follows:

- Children to come to school Tuesday mornings in their PE kit
- They must be 'beach ready'. **Swimwear on underneath their PE kit with no underwear on under their swimwear.**
- Girls must wear a costume, not bikini
- Boys to wear swimming trunks or shorts but they must be well above the knee
- They will need a **hat, a towel and their underwear (to change into after their lesson)** in a bag
- They can bring a hairbrush or comb if needed

Please ensure your child has a good breakfast on Tuesday mornings and send them with a snack to eat for when we arrive back at school as swimming can be very tiring and the children become hungry. A piece of fruit would be ideal especially a banana to allow slow releasing energy.

Children will have limited time in the changing room on arrival as they should have their swimwear on. They will have time to dry themselves and put their underwear and PE kit back on after swimming. Goggles will not be allowed unless we have a letter from parents stating why goggles need to be worn.

Not only is swimming good exercise for children, it is vital in helping towards safety near water and is a requirement of the National Curriculum. You should send a note, if for any reason, your child cannot take part in a session. We do expect all children to participate as they would in any other lesson

Please ask Miss Wood if you have any further questions.

Miss Wood and Mrs Robertson
Year 5 Class Teachers

✂-----

SWIMMING HAT

Child's Name _____

I enclose £1 for a swimming hat.

My child can swim and has a certificate for _____ metres.

My child cannot swim

Signed _____ Print Name _____ Parent/Guardian