

Head Teacher
Mrs P Howell B Ed Hons

Chiltern Way
Northampton
NN5 6BW

Telephone: 01604 753830
Facsimile: 01604 588156
Email: bursar@chiltern.northants-ecl.gov.uk



7 June 2022

Dear Parents



SWIMMING, PUPILS IN CLASS 5

Swimming lessons for pupils in class 5 will begin again next week, Tuesday, 14 June. The session time is **10.30 am – 11.30 am**. They will continue weekly until 19 July.

Please ensure your child has a good breakfast on Tuesday mornings and send them with a snack to eat for when we arrive back at school as swimming can be very tiring and the children become hungry. A piece of fruit would be ideal especially a banana to allow slow releasing energy.

Details for children as follows:

- Children to come to school Tuesday mornings in their PE kit
- They must be 'beach ready'. **Swimwear on underneath their PE kit with no underwear on under their swimwear.**
- Girls must wear a costume, not bikini
- Boys to wear swimming trunks or shorts but they must be well above the knee
- They will need their **hat, a towel and their underwear (to change into after their lesson)** in a bag
- **If your child has lost their hat please send them with £1.00 to cover the cost of a new one.**
- They can bring a hairbrush or comb if needed

Goggles will not be allowed unless we have a letter from parents stating why goggles need to be worn.

Children will have limited time in the changing room on arrival as they should have their swimwear on. They will have time to dry themselves and put their underwear and PE kit back on after swimming.

Not only is swimming good exercise for children, it is vital in helping towards safety near water and is a requirement of the National Curriculum. You should send a note, if for any reason, your child cannot take part in a session. We do expect all children to participate as they would in any other lesson

Yours sincerely,

Mr A Yeo
Year 5 Class Teacher